



# WELCOME TO RENEW HEALTH

Don't let substance abuse take control.  
Take back the reins and start living your life.





# HELLO & CONGRATS!

Welcome, and congratulations on taking an important step toward reclaiming your health and your future. Seeking help takes courage, and by walking through our doors you have already begun the process of change. No matter your history, how long you have struggled, or how many times you may have tried treatment before, you are not alone here. Our team is committed to meeting you with respect, compassion, and evidence-based care as you work toward stability and recovery. Most importantly, we want you to know that you belong here and that your recovery matters.



# WHO WE ARE

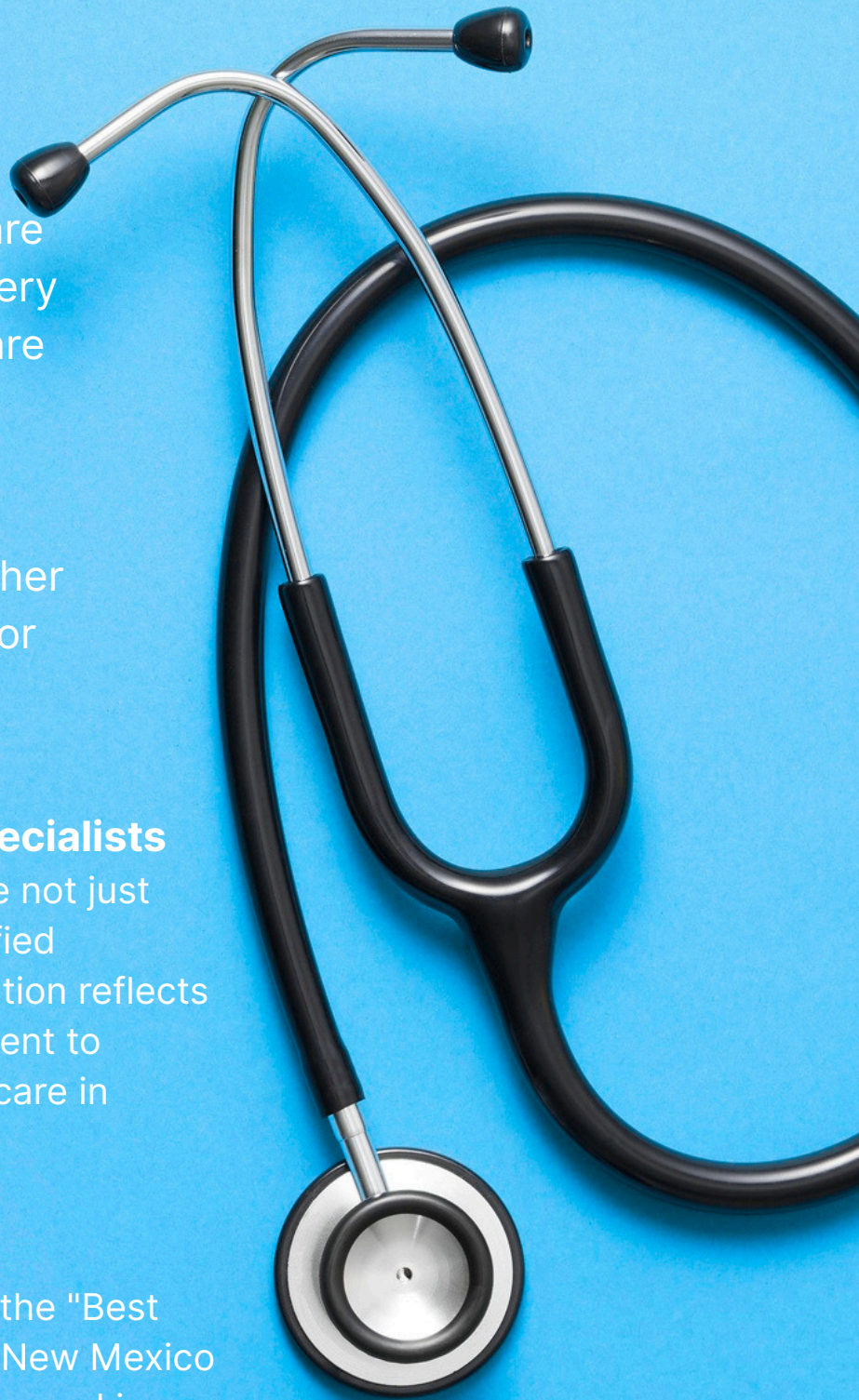
Renew Health comprises of dedicated professionals who are passionate about aiding recovery and committed to providing care that changes lives. Our staff includes nurse practitioners, counselors, therapists, and support staff all working together to ensure the best outcomes for our patients.

## **Board-Certified Addiction Specialists**

At Renew Health, our providers are not just experienced; they are board-certified addiction specialists. This certification reflects their deep expertise and commitment to providing the highest standard of care in addiction treatment.

## **Award-Winning Care**

We are proud to be recognized as the "Best Drug and Alcohol Rehab Center in New Mexico in 2024" by Addiction Group. This award is a testament to our relentless dedication to excellence and our success in transforming the lives of those struggling with addiction.



# WHAT WE TREAT

Choose the care that fits your lifestyle. Renew Health offers both telehealth and in-person treatment options, giving you the flexibility to receive support wherever you are most comfortable. Our team provides compassionate, evidence-based care for substance use disorders, including medically supervised withdrawal to help make the early stages of recovery safer and more manageable.

## Our Services include:

**-Methamphetamine Addiction Treatment**

**-Heroin Addiction Treatment**

**-Alcohol Addiction Treatment**

**-Fentanyl Addiction Treatment**

**-Opioid Addiction Treatment**

**-Marijuana Addiction Treatment**

**-Mental Health Treatment**

**-Cocaine Addiction Treatment**

**-Cognitive Behavioral Therapy**

**-Tobacco and Vaping Addiction Treatment**

**-Medication-Assisted Treatment**

**-Detox & Withdrawal Management**

**-Prescription Opioid Addiction Treatment**

**-Prescription Stimulants Addiction Treatment**

**-Methadone Abuse Treatment**

**-CNS Depressant Addiction Treatment**

**-Benzodiazepine Addiction Treatment**

**Kratom Addiction Treatment**



# HOW IT WORKS

At Renew Health, treatment is designed to meet you where you are and support you as you move forward at a pace that is both safe and sustainable. Early on, the focus is on stabilization, helping your body and mind adjust to treatment, reducing cravings, and creating a sense of consistency in your daily life. From there, care gradually shifts toward strengthening routines, building coping skills, and addressing the deeper patterns that contribute to substance use. Each stage is intentional, giving you the structure and support needed to move toward lasting recovery..

Recovery is not always linear, and challenges can happen along the way. What matters most is staying engaged and continuing forward, knowing each stage is helping you build a healthier, more stable future.

## Our Stages of Treatment

### Your Initiation

1.

1 visit every week  
7 day Rx

You are either new to treatment, returning after a setback, or still working toward getting stable on your medication. This stage is about getting started, building momentum, and helping your body adjust.

### Stabilization

2.

1 visit every 2 weeks  
14 day Rx

You are beginning to feel more steady on your medication, with fewer cravings and reduced substance use. This stage focuses on creating consistency and strengthening your foundation.

### Maintenance


3.

1 visit every 4 weeks  
28 day Rx

You are stable on your medication and no longer using non-prescribed substances. This stage is about maintaining progress, building confidence, and continuing to support long-term recovery.


# OUR STATS

Our outcomes reflect the impact of consistent, evidence-based care combined with compassionate support. The majority of our patients remain engaged in treatment, experience significant reductions in substance use, and report improved stability within their daily lives. Through a combination of medication-assisted treatment, personalized care plans, and ongoing support, we help individuals not only begin recovery, but sustain it. Our success is measured by real progress, patients staying in care, rebuilding their lives, and moving forward with confidence.




99%

**of patients reported less Fentanyl use after treatment**




96%

**of patients reported positive thoughts/feelings within 24 hrs of first dose**



95%

**of patients reported improvements in their housing situations**



93%

**of patients reported improvements in their employment**



62%

**of patients remained in treatment after 6 months**



# FREQUENTLY ASKED QUESTIONS

## **What can I expect during my first appointment?**

During your first appointment you can expect a warm, judgment-free environment focused on understanding your unique needs and goals. Our team will complete a comprehensive assessment that may include medical history, current symptoms, substance use patterns, and overall well-being to help design a personalized treatment plan. You'll have the opportunity to ask questions, discuss concerns, and learn about the different services and supports available to you. The goal of your first visit is to make you feel heard, respected, and confident that you're in the right place to begin your recovery journey.

## **What happens if I relapse during treatment?**

If you relapse during treatment, it does not mean you've failed, it's a signal that your recovery plan may need to be adjusted. We view relapse as an opportunity to learn more about your triggers, stressors, and support needs, not as a setback or reason for shame. Our team will work to assess what happened, strengthen your coping strategies, and re-engage you in care right away. Recovery is a process, and our priority is to help you regain stability and confidence while moving forward.

## **How does Renew Health approach treatment and recovery?**

We take an individualized, evidence-based approach to treatment and recovery that addresses the whole person, mind, body, and life circumstances. Our team combines medical care, counseling, and behavioral therapies with compassionate support to help each patient build lasting wellness. We focus on understanding the root causes of addiction, restoring physical and emotional stability, and developing practical tools for long-term success.





# WE'RE HERE TO HELP

Every situation is different, including yours. Contact us and we will find the road to recovery that is best for you and your lifestyle

Our clinics are open:  
Monday-Friday from 9am-5pm  
(Roswell, Alamogordo, Clovis)

Telehealth Services by  
Appointment Only



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 Serving all of New Mexico